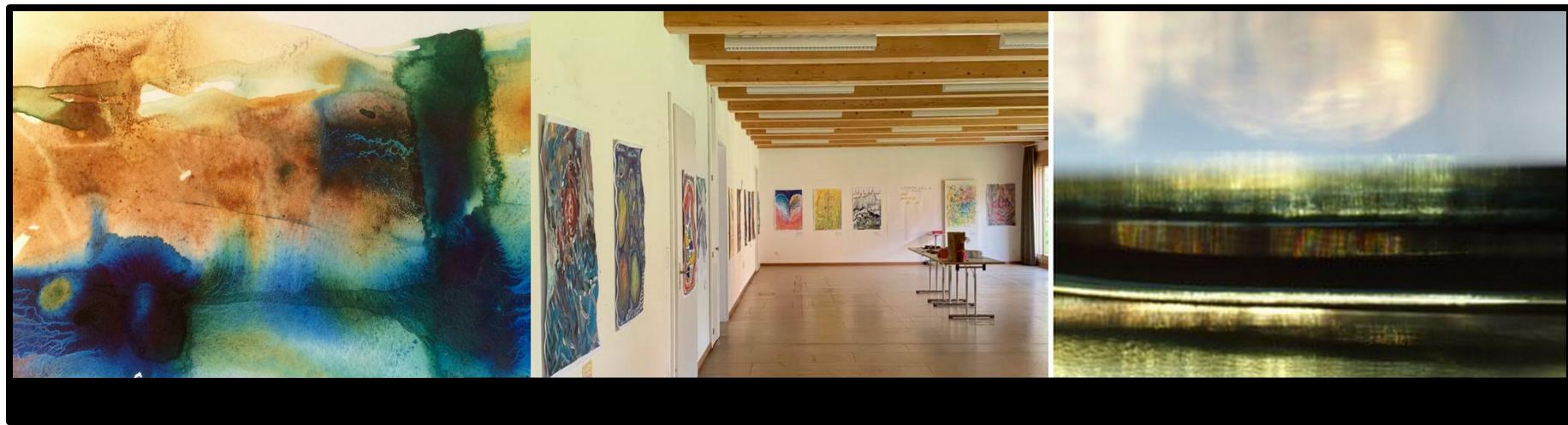


# INTRODUCTIONSEMINAR EXPRESSIVE ARTS 18. – 20. September 2026 in Berlin



## Encounter Intermodal Expressive Arts. A Weekend with different Materials and Art Forms

The Expressive Arts focus in its fields of application on the sensual and creative skills of individuals and social communities. Central goal of the Expressive Arts is to stimulate development and to solve problems through artistic activities.

The introductory seminar is open to all those who want to gain insight into this intermodal, artistic and expression-oriented way of working in therapy, coaching and leadership.

The seminar presents the Intermodal Decentering IDEC ® as one of the main methods in the Expressive Arts. This resource-oriented approach allows each individual immediate sensual contact to artistic and creative expression.

During the seminar, a range of different art forms and modalities of expression will be practically experienced by the participants. Reflection and theory accompany and deepen the process.

No artistic knowledge is required.

The Seminar invites people who are interested in the Certificate and Master of Arts Program of the Expressive Arts Institute in Berlin, as well as interested professionals from the fields of Therapy, Medicine & Health, Coaching & Consulting, Education, Mediation, Social Work and Art in Leadership.

ART TOUCHES THE PAST AND THE LONGING AND BUILDS RENEWING BRIDGES TO THE PRESENT



### **Seminar Costs**

**290 €**

**Payable according  
to the invoice**

**All materials included**

### **Seminar Times**

**18.09. - 20.09.2026**

**Friday 6 p.m. - 9 p.m.  
Saturday 10 a.m. - 6 p.m.  
Sunday 10 a.m. - 4 p.m.**

### **Facilitator & Location**

**Yasaman Pishvaei**  
Expressive Arts Institute Berlin

**Remise Zehlendorf  
Charlottenburgerstr.4  
14169 Berlin**

Bus: 101, Bus M48  
Stop Kleinaustrasse  
S 1: Station Zehlendorf

[www.step-ahead-berlin.de](http://www.step-ahead-berlin.de)